CoF	Time-Plus penalties - Long	Points	100 p
Targets	10 paper, 8 plates, 4 no-shoot, Total 18 targets	Min rounds	18
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%
Procedure	Shotgun targets: plate 3GN paper rifle & handgun, at least 1 paer must be shot with either rifle or handgun to avoid penaly.		
Starting position			
Firearm ready condition	Start at mark 1 or 2 with shotgun or rifle held low ready handgun loadeed & holstered.		
Start on	Audible signal		
Stop on	Last shot		
Penalties	As per current edition of rules		
Safety angles	L/R		
Setup notes			

2. 50 yards

CoF	Time-Plus penalties - Long	Points	100 p
Targets	12 paper, 7 plates, 2 no-shoot, Total 19 targets	Min rounds	19
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%
Procedure	Satrt at marks. Shotgun & rifle unloaded on tables action closed bo mags you want to use in pouches on belt. Shotgun targets: Plates		-
Starting position			
Firearm ready condition			
Start on	Audible signal		
Stop on	Last shot		
Penalties	As per current edition of rules		
Safety angles	L/R		
Setup notes			

3. 2nd run 25 yards

CoF	Time-Plus penalties - Medium	Points	100 p
Targets	4 paper, 8 plates, Total 12 targets	Min rounds	12
Firearm	Handgun, Shotgun	Match-%	25.00%
Procedure	Start in box shotgun held low ready, handgun loaded. On signal er	ngages plates & pap	ers with shotgun & handgun.
Starting position	Gun loaded & holstered		
Firearm ready condition			
Start on	Audible signal		
Stop on	Last shot		
Penalties	As per current edition of rules		
Safety angles	L/R		
Setup notes			

4. 50 yards very långt bort

CoF	Time-Plus penalties - Short	Points	100 p
			-
Targets	8 paper, Total 8 targets	Min rounds	8
Firearm	Rifle, Shotgun	Match-%	25.00%
Procedure	Start in box engage 3GN paper 1-4 with slugs from box 1 engage a placed on tables.	3GN paper 5-8 with	rifle from box 2. Weapons is
Starting position	Standing relaxed		
Firearm ready			
condition Start on	Audible signal		
Stop on	Last shot		
Penalties	As per current edition of rules		
Safety angles	L/R		
Setup notes			