1. 25 yards 1st run

CoF	Time-Plus penalties - Long	Points	100 p
Targets	8 paper, 7 plates, Total 15 targets	Min rounds	23
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%

Procedure	
Starting position	
Firearm ready condition	
Start on	Audible signal
Stop on	Last shot
Penalties	As per current edition of rules
Safety angles	L/R
Setup notes	

2. 50 yards 1st run

CoF	Time-Plus penalties - Long	Points	100 p
Targets	10 paper, 8 plates, 2 no-shoot, Total 18 targets	Min rounds	28
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%

Procedure	
Starting position	
Firearm ready	
condition Start on	Audible signal
Stop on	Last shot
Penalties	As per current edition of rules
Safety angles	L/R
Setup notes	

3. 25 yards 2nd run

CoF	Time-Plus penalties - Long	Points	100 p
Targets	9 paper, 8 plates, 2 no-shoot, Total 17 targets	Min rounds	26
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%

Procedure	
Starting position	
Firearm ready condition	
Start on	Audible signal
Stop on	Last shot
Penalties	As per current edition of rules
Safety angles	L/R
Setup notes	

4. 50 yards 2nd run

CoF	Time-Plus penalties - Long	Points	100 p
Targets	10 paper, 10 plates, Total 20 targets	Min rounds	30
Firearm	Handgun, Rifle, Shotgun	Match-%	25.00%

Procedure	
Starting position	
Firearm ready condition	
Start on	Audible signal
Stop on	Last shot
Penalties	As per current edition of rules
Safety angles	L/R
Setup notes	